



Yasodhara Ashram
YOGA RETREAT & STUDY CENTRE

READY FOR SOME TIME AWAY?



EXPERIENCE LIFE OUTSIDE THE BOX!

Take the time to grow and clarify your next steps in life. Through our Two-Month Karma Yoga (Selfless Service) program you can experience a variety of yoga practices and gain practical work skills in areas like the garden, preserving kitchen, grounds and others.

JOIN US!



We are nestled in the mountains of beautiful British Columbia on glacier-fed Kootenay Lake.

yasodhara.org/yasodhara-karma-yoga
1-800-661-8711 info@yasodhara.org

We especially welcome young adults. Start with two months, extensions are possible.

- Support a more sustainable, uplifting way of life.
- Get to know yourself on a deeper level.
- Make lasting connections with like-minded people.

