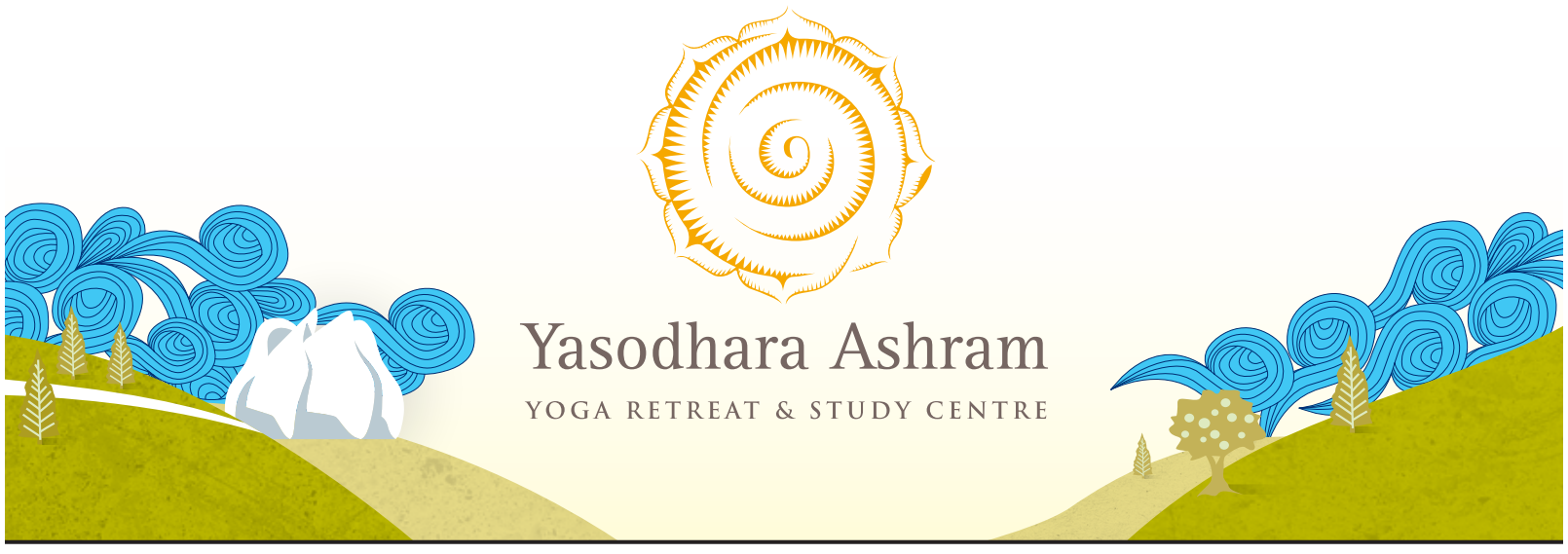

2018 PROGRAM CALENDAR

YEAR OF INVITATION

Personal Retreats, Artist Retreats and Karma Yoga stays are available year-round.
Register at yasodhara.org or call 1-800-661-8711 to discuss options and book your stay.

January

Yoga Development Course	8 - April 8
Karma Yoga Program Intake	16

February

Karma Yoga Program Intake	6
Taste of the Ashram	10

March

Karma Yoga Program Intake	6
Taste of the Ashram	10
Equinox Retreat: Finding Balance	16 - 18
Easter Weekend	30 - April 2

April

Karma Yoga Program Intake	3
Hatha Yoga Teacher Certification	9 - 19
Taste of the Ashram	14
Walking Together: Reconciliation with Indigenous People	20 - 22
✺ AWAKENING WONDER	27 - 29

May

Karma Yoga Program Intake	1
Annual General Meeting	4
✺ BREATH: THE INVISIBLE WORK	4 - 6
✺ YOGA & HEALING RETREAT	11 - 13
Taste of the Ashram	12
10 Days of Yoga	17 - 27
✺ WOMEN HOLDING THE EARTH	18 - 22
✺ LIFE SEALS: MAPPING A LIFE OF MEANING	25 - 27
Karma Yoga Program Intake	29

June

✺ YOGA & NATURE	1 - 3
Taste of the Ashram	2
✺ TRANSITIONS: EMBRACING CHANGE	8 - 10
Decelerator Retreat	19 - 24
✺ SOLSTICE RETREAT: RENEWING IN THE LIGHT	22 - 24
Temple Grand Opening & Strawberry Social	23
Karma Yoga Program Intake	26
✺ RELAXATION RETREAT	29 - July 1
✺ STRAIGHT WALK: A PATH OF PERCEPTION	29 - July 1

July

Annual Family Retreat	3 - 7
The Elements: Bridging Our Inner & Outer Worlds	10 - 15
10 Days of Yoga	12 - 22
Taste of the Ashram	14
Diving Deep with Swami Lalitananda	16 - 20
Kundalini & Dream Teacher Certification	20 - Aug 3
Taste of the Ashram	21
Women Holding the Earth	22 - 26
Awakening Wonder Retreat	23 - 25
Karma Yoga Program Intake	24
Yoga & Nature Retreat	27 - 29
Stilling the Mind Retreat	27 - 29
Taste of the Ashram	28
Seeing the Sacred: A Video Workshop	31 - Aug 2

August

Temple Dedication	3 - 5
Hidden Language Teacher Certification	6 - 20
Transitions: Embracing Change	10 - 12
Taste of the Ashram	11
Shakti Camp	12 - 16
10 Days of Yoga	16 - 26
Stilling the Mind Retreat	17 - 19
Taste of the Ashram	18
Wisdom Choices	21 - 23
Karma Yoga Program Intake	21
Yoga & Nature Retreat	24 - 26
Taste of the Ashram	25
Relaxation Retreat	31 - Sept 2

September

Gurudev Sivananda's Birthday	8
Yoga & Healing Retreat	14 - 16
Taste of the Ashram	15
Karma Yoga Program Intake	18
Equinox Retreat: Finding Balance	21 - 23
Breath: The Invisible Work	28 - 30
Taste of the Ashram	29

October

Thanksgiving Weekend	5 - 8
10 Days of Yoga	11 - 21
Taste of the Ashram	13
Karma Yoga Program Intake	16
Transitions: Embracing Change	19 - 21
Stilling the Mind Retreat	26 - 28
Taste of the Ashram	27

November

Karma Yoga Program Intake	6

December

New Year at the Ashram	30 - Jan 1

January 2019

Yoga Development Course	9 - April 9

✺ **15% SPRING DISCOUNT!**