



# FOOD FOREST WORKSHOP

**Friday July 22nd 11 - 12:30  
@ Yasodhara Ashram**

Yasodhara Ashram, Aurora Edible Landscapes & Fields Forward are offering a 1.5 hour session with permaculturist Melissa Flint  
**\$10 for the workshop, please register ahead**

Come learn about what food forest is, why you might want to make a food forest and ways to design and implement a forest garden in your community.

A food forest has many emergent properties such as resiliency, shelter and beauty while producing many products such as food, fuel, fiber, fodder, fertiliser, medicine and fun.



Yasodhara Ashram  
YOGA RETREAT & STUDY CENTRE



FIELDS FORWARD  
*Growing More Together*

To register or for more information - [registrations@yasodhara.org](mailto:registrations@yasodhara.org) or 250 227 9224