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Upcoming Ashram Courses

**Tools for Transformation**  
July 2 - 6

**10 Days of Yoga**  
July 12 - 22

**Yoga is Dance**  
July 17-20

**Path of Liberation**  
July 29-August 3

Visit our course calendar

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June at the Ashram

The Ashram is coming alive in thriving green with the first day of summer just around the corner. The concentrated season of heavy planting in the garden is drawing to a close and karma yogis in the organic orchard are expanding the way spring insects are managed by introducing essential oils.

Out door work abounds with the day of the longest amount of sunlight hours upon us. How do you create and experience the fullness of the light coming forward in your own life?

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Introducing Yasodhara Ashram's New Logo
Living the Practice
by Swami Radhananda
www.radhananda.org

Summer Workshop
with Swami Radhananda
July 8â€‰-â€‰13

Radha Centres
and Teachers
Canada
Calgary, AB
Comox Valley, BC
Cranbrook, BC
Edmonton, AB
Haida Gwaii, BC
Hornby Island, BC
Kelowna, BC
Lethbridge, AB
Montreal, QC
Nanaimo, BC
Orangeville, ON
Ottawa, ON
Penetanguishene, ON
Penticton, BC
Peterborough, ON
Toronto Area, ON
Vancouver, BC
Victoria, BC

USA
Spokane, WA
Bay Area, CA

Worldwide
Auckland, NZ
Caudet, FR
Europe
Isle of Wight, UK
London, UK
Wollongong, AU

Great news! After a yearlong process with designer Michael Wou from Montreal, the Ashram is proud to announce our new logo. This redesign is part of the "Renew & Refresh" project that is living up to its name by renewing all Ashram design and content in preparation for our upcoming 50th anniversary in 2013. You will soon start to see the logo make its way across all our print and digital communications.

What do you think? We are preparing a webpage where you can share your thoughts about the new logo: What do you see in it? What does this symbol mean to you? How does it convey the qualities of the Ashram? We hope to carry our discussion into the AGM in August as we continue to clarify and articulate the Ashram's identity. How are we what we have always been and how are we ever-changing with the times?

Other exciting "Refresh" projects - including a new website by 2013 - are underway, so stay tuned!

Silence, Stillness and Selfless Service
by Swami Radhananda
"I remember coming to the Ashram many times and then going home to work and family, to everything that was going on in my life, and having to put it into practice. And that's it. That's what it is all about. To see that something that is so intangible can be so powerful."

Watch the video

Living the Practice is coming alive!

Great news - over 200 people have already bought Swami
Radhananda's new book, Living the Practice. It's thanks to many of our teachers that small conversations and workshops are taking place all around the world. Reports are starting to come in; you can read about these and more at radhananda.org

This is a great time to remind all those interested in hosting a conversation or workshop to let participants know that the book is available via radhananda.org, timeless.org and on Amazon. Through your generosity, you continue to support Swami Radhananda's work and retreat, all while helping the Ashram's thrust towards being 100% carbon neutral.

Taking Stock, Looking Ahead

The Ashram Board met at the end of May to look back over the past year, reviewing financial year end and taking stock of important shifts in planning and operations which are making the Ashram’s unique culture more explicit. Looking ahead at priorities for the coming months, the overarching themes of 'growing people' and of 'sustainability and resilience' were reaffirmed. We look forward to continuing these conversations with Ashram Society members at this year's AGM (August 8-10), and as next year's 50th anniversary celebration approaches.

Announcing our new Rideshare Board
Contribute to our Carbon Neutral initiative by lightening your own footprint. We now have a rideshare "board" on our web site. If you're driving to the Ashram, we invite you to share a ride with another Yasodhara guest. It's easy. Just click on the ride share button on our home page and fill in your contact and travel information. Thanks for supporting the environment!

Visit the Rideshare Board and offer a ride!

Yasodhara Teen Program

As the school year draws to an end, the Ashram is busy preparing its exciting Teen Program. Teens will build self-confidence, make friends and learn ways to get to know themselves. Days will be filled with yoga classes, art, music, and outdoor activities. Those interested should apply early â€“ this program fills quickly!

For teens ages 13 to 18
Cost: $165; $30 deposit

Click here to learn more and register

Rays of Light - News at a Glance

- **Alanda Greene reports on her new mode of transportation:** Ashram employees gathered a year ago to talk about how to support sustainability initiatives at the ashram. Electric bikes seemed a fun way to do that. Sure enough, it is fun. Handles the hills, gets me to work without sweaty exertion. Still supports fresh air and exercise.

- Preparations are being finalized for this year's **Strawberry Social on Saturday, June 23rd from 1:00 - 4:00pm.** Join us as we open our doors wide to community with strawberries and song.

- **Congratulations** to the Calgary Radha Centre who celebrated their 30th anniversary this month.

- Be a cook for Canada's best yoga retreat centre! The **Ashram is hiring** for a summer cook position. [Click for more details]

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Network for Good.

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