

Yasodhara Ashram

Newsletter



The Ashram is Hiring

We are seeking a dynamic service oriented individual to provide support and maintenance for our computers and network as well as our other technical equipment.

[Visit our website for more details.](#)

Upcoming Ashram Courses

[Read about all our courses](#)

[Relax, Renew & Re-connect Retreat](#)
Dec 2-5

[Yoga of Light Retreat](#)
Dec 21-Jan 1

[Yoga Development Course](#)
Jan 9 - Apr 8

[YDC Video: Click Below](#)



Radha Centres and Teachers

[Canada](#)
[Calgary, AB](#)
[Comox Valley, BC](#)
[Cranbrook, BC](#)
[Edmonton, AB](#)
[Haida Gwaii, BC](#)
[Hornby Island, BC](#)



Namaste,

Gift-giving is a part of holiday traditions worldwide.

In keeping with this custom, we invite you to support Swami Radha's legacy of teachings so that Divine Light can continue to spread in our lives and into the world.

Here are some of the ways your donation will make a difference:

Supporting People

The Ashram 'grows' people each and every day. It is through donor generosity that we are able to make the Ashram experience available to people who cannot otherwise afford to be here.

If you have spent time in the garden over the past three summers, you've likely met Paris Marshall-Smith. Paris has been the beneficiary of donor support for 2 programs: the Young Adult Program and the YDC. Her gratitude has taken the form of making a 5-year commitment to manage our garden. She has also been instrumental in connecting the Ashram and our local Eastshore community through her exploration of food security and involvement in the mentorship program at the local school.

[Click picture to see a video of Paris expressing her gratitude.](#)

[Kelowna, BC](#)
[Lethbridge, AB](#)
[Nanaimo, BC](#)
[Orangeville, ON](#)
[Ottawa, ON](#)
[Penetanguishene, ON](#)
[Penticton, BC](#)
[Peterborough, ON](#)
[Toronto Area, ON](#)
[Vancouver, BC](#)
[Victoria, BC](#)

USA

[Spokane, WA](#)
[Bay Area, CA](#)

Worldwide

[Auckland, NZ](#)
[Caudet, FR](#)
[Europe](#)
[Isle of Wight, UK](#)
[Wollongong, AU](#)



Photo of the month

[How do I make this photo my desktop image?](#)



Eva arrived at the Ashram in May of 2011 as part of the Young Adult Program. She instantly felt the safe and supportive embrace of the Ashram community. After spending several months as a key karma yogini in the kitchen and garden, Eva has decided to take the YDC and has been granted a bursary. She has committed to spending next summer here as well. Eva is excited to go deeper, learning about her self and is very appreciative of the donors who have helped make this possible.

Recently diagnosed with recurring cancer, Nancy came to the Ashram to heal. She heard about the Ashram from others in her situation. As she was on a limited income, she requested a bursary and because of our donors' generosity, funds were available for her to come. *"My time at the Ashram has been about learning all the yoga practices to open, heal and support my journey."*

Publications

Living the practice while away from the Ashram requires persistence and dedication. Many of us rely on Timeless Books to continually support us. Last year we were honoured with a glimpse into the remarkable life of our Spiritual Director, Swami Radhananda – her book *Carried by a Promise* has inspired many of us to review our own journals. To support your practice, Timeless will publish two books in 2012: *Living the Practice*, by Swami Radhananda and *Mantra Initiation* by Swami Radha.

Facilities

The quality of care given to our facilities is surpassed only by the quality of care given to people. In the last year we've been able to replace dated shag carpets in the Guest Lodge, add a bathroom to

Creek Cabin, purchase a more carbon neutral convection oven and install a new audio/ video system in the Temple. Over the coming year, we'll be replacing Krishna Kutir's leaky roof and planning for major upgrades to Parvati, the Summer Kitchen and the area around Mandala House.

The Ashram thrives in an economy of generosity. We thank you in advance for your contribution. [You can make your gift safely online \(www.yasodhara.org\)](http://www.yasodhara.org) — either as a single offering or by setting up a monthly giving schedule. If you prefer, you can [mail](#) your cheque to the Ashram, or [call](#) with your credit card details.

Hari Om,



Swami Samayananda

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