The first weekend of May marked some of the first warm days of spring, small harvests from the garden and slowly budding fruit trees.

The Ashram Hosts Swami Radha’s First Centenary Pilgrimage

The weekend also brought 11 pilgrims on a journey from the Radha Centre in Spokane to the Ashram. This pilgrimage was the first in honour of Swami Radha’s 100th birthday. Groups all over the world are invited to plan their own unique pilgrimages to the Ashram to be part of our celebration year to March 2012.

The Spokane group spent the weekend in workshops, dance and quiet reflection on Swami Radha’s life and commitment. For Megan Mulaney, the trip was an opportunity “to get grounded, feel centered and be with people that I respect very much. I’m able to
take this time and focus on what’s healthy and what’s spiritual.” Mary Ruth Green, who joined the pilgrimage from California, commented, “Coming up here to the Ashram feeds the support of a community … and nourishes me so that I have something to give in the classes that I teach.”

For all there was a feeling of devotion and gratitude for the gifts of the community, the teachings, and the Ashram.

June Visits to the Ashram

Courses and retreats in June offer many ways to help you transition from spring into summer. These range from music to sustainability, healing, relaxation and change. Read course descriptions and if you have any questions, please get in touch.

June 3-5  Music & Consciousness
June 3-5  Sustainability & Kundalini: earth & water NEW
June 6-13  7-Day Yoga Retreat
June 16-20  Yoga Retreat
June 17-20  Relaxation: Harmony, Peace, Joy NEW
June 27-30  Facing Change, Exploring Options NEW

The Latest on Carried by a Promise

See Swami Radhananda’s latest blog. While Swami Radhananda has been touring, those organizing her visits to their areas have been in contact with the local press and journals. Keep an eye on reports on the tours and reviews of her book as more material is now appearing on radhanananda.org. You can also share reviews and community news items with friends on Facebook and Twitter.
CAUDET, FRANCE
Karma Yoga
Two Karma Yogis needed to run the Center from Jan-Apr 2012. French language skills required
Hidden Language Hatha
Mon and Wed (am and pm)
Kundalini
Thu
Satsang
Sun

BRAGA, PORTUGAL
Hatha & Satsang
May 21

Photo of the Month
Hummingbird drinking from a flower
How to make this your desktop wallpaper

108 Sun Salutations Fundraiser a Success!

Thanks to the support of all our sponsors and donors we were able to raise $7525 for the Young Adult Program!

Fifteen enthusiastic participants gathered on May 1st for 108 sun salutations and many others tuned in online or participated from their homes. It was a beautiful morning, with bright sunlight to salute, and many took their mats outdoors. The event wound down by 12:30pm as blissfully tired participants finished up their final salutations, grateful for their sponsors and their opportunity to give back to the program that has been life-changing for so many.

A warm heartfelt thank you to everyone who participated or donated!

Thank you to all our Donors

Swami Radha was always so generous with the Teachings, and we continue to be the beneficiaries. In that same spirit, our donors continue to give generously to support the Ashram so that those who come can be renewed and inspired. Some of the projects in the last 5 months made possible through gifted funds include:

- Designing and printing of Swami Radhananda’s 2 new books and supporting her book tours
- Formatting former timeless titles, audio and videos
- Offering more bursaries for YDC 2011 for young adults and increasing participation in our Young Adult Program
- Refurbishing of Creek Cabin and upgrading the Many Mansions deck
- Purchasing a new sound system for the Temple and a bread mixer for the kitchen

A special Thank you to those who give monthly and those who have been one-time donors. Your practice of generosity helps us
Good news for Timeless Books

The Glass Seed by Eileen Delehanty Pearkes has recently been shortlisted for the One Book One Kootenay region-wide book club, celebrating local writers of the Kootenay-Boundary through public libraries. The Glass Seed is a memoir of the author’s spiritual growth emerging from her experiences in attending to her mother during a terminal illness.

Eileen commented, “This is wonderful news. Since its publication, The Glass Seed has been quietly inviting readers to consider the opportunities for learning and growth embedded in any tragic illness or loss. The OBOK grassroots process is a wonderful manifestation of the book’s unassuming path. Public libraries in some ways resemble a spiritual community, as they are guided by the principles of life-long learning, open access to information and positive belief in human potential.”

Timeless Releases More E-books

Amazon now has 5 e-books titles available

- Time to be Holy
- Mantras Words of Power
- Inside Outside Overlap
- On Sanyas
and of course

- Carried by a Promise

So now is the time to get your collection. If you don't have a Kindle, no problem. You can install the free Mac or PC version of Kindle on your laptop, computer, iPhone, Blackberry or ipod touch android phone. To see your options and follow simple instructions click here.

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