Yasodhara Ashram January Newsletter

RADHA CENTRES & EVENTS

YASODHARA ASHRAM
Wednesdays
Community Hidden Language 6 - 7:30pm
Dream Yoga
7:45 - 9:15pm

VANCOUVER
Jan 26, 27, 29 & 30
Swami Radhananda’s Book Launch Events
Feb 5, 11:30-1
The Kundalini System: Access Inner Wisdom
Feb 12, 11:30-1
Healing through Yoga

VICTORIA
Jan 26 - Mar 2, 7-9pm
The Yoga of Reflection & Intuition.
Sundays 7:30pm
Satsang

CALGARY
Fri Jan 21-Mar 11
Book Club: Carried by a Promise.
Feb 16, 7-9pm
Kundalini Yoga and Reflective Practices
Sundays 7-8pm
Satsang

EDMONTON
Sundays 7 pm
Satsang

LETHBRIDGE
Sundays 7:30 pm
Satsang

MONTREAL
Sun Jan 30 12pm
Satsang
Mon, Tue, Wed 12pm
Mantra Chanting

Just on the cusp of 2011, Swami Radhananda's new book, Carried by a Promise, was delivered to the Ashram. Her love and devotion to her Guru is a very fitting welcome to Swami Radha's centenary year. After a wonderful Yoga of Light retreat, 31 people arrived to begin this year's Yoga Development Course. The YDCers have been emersed deeply into symbolism, mantras, karma yoga and devotional practices.

Yoga Development Course
The Ashram’s 3-month intensive Yoga Development Course began on Saturday January 8th, 2011. Thirty-one people, aged 20’s through 60’s, have embarked on this journey - from Canada, USA and the UK. Some interesting stats: 2 taking the course for a second time; 7 men; and 11 former participants from the Ashram’s Young Adult Program.
Watch lightwaves for an upcoming article about this year's YDC.

Carried by a Promise

Swami Radhananda is now in Vancouver getting ready to start her book tour. Vancouver events, which include readings and a full day workshop at Radha Yoga and Eatery, will be on January 26th, 27th, 29th and 30th. See radhananda.org for full details. Invite your Lower Mainland friends to attend! Be sure to watch footage of Swami Radhananda’s most recent reading at the Ashram on her blog.

If you don’t have your copy of Carried by a Promise yet, call the bookstore at 1.800.661.8711 and order one today!

Listen to Swami Radhananda’s Drishti Point radio interview here.

2011: Swami Radha’s Centenary

Consider celebrating the 100th anniversary of Swami Radha’s birth with a pilgrimage to the Ashram. The summer schedule is full of ways to participate in her teachings: courses, celebrations and karma yoga. Check the website for new offerings for this summer, and stay tuned for more details on celebration plans.

Bookstore Changes

Change is in the air, including quite a metamorphosis in the bookstore. Joanne Belanger, Cranbook Radha Yoga Centre Director, has come to the ashram to help us with the process, using her expertise as an independent bookstore owner. Keep watching for an upcoming Lightwaves video article about the bookstore.

Photo of the Month
Yasodhara Ashram January Newsletter

Lightwaves changes  
Swami Radhananda stepping onto the path  
radhananda.org  
Bloggers talk ...  
First reading from the book

This sweetly benevolent face is that of the Tara gifted to Swami Radha by Tibetans nuns in Dharamsala.

How to make this your desktop wallpaper

Yasodhara Ashram Society | Box 9 527 Walker's Landing Road | Kootenay Bay, BC V0B 1X0 CA

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