RADHA CENTRES & EVENTS

YASODHARA ASHRAM
Community Classes have begun
6pm - 7:30pm - Hatha Yoga
Hidden Language
7:45 - 9:15pm - Dream Yoga

VANCOUVER
Dinner: Wed-Sat, 6 - 10pm
Hatha Yoga classes daily
October 16 Urban Meanings: Sacred Activism
October 17 Whole Grains Cooking Class
October 20 Clothing Swap for WISH
October 23 Interpreting Your Dreams
November 2 Heart of the City: Barrio Flamenco
November 4 Heart of the City: Sustaining Memories

VICTORIA
Kundalini Classes
yoga@radhavictoria.ca
Karin at 250-208-3821
Sunday Satsangs at 7:30pm
2530 Fernwood Ave, second floor
(between Bay and Haultain)

HORNBY
Sharon 250-335-0012
Willow Studio on Roburn

Wednesday, Oct. 6th and Oct. 27, 10:30am - 12:30pm
Dream Yoga Classes
Bring a dream and a journal. Drop-in $12.

Sunday, Oct. 24, 3pm - 5 pm
Monthly Dream Yoga Group
Previous experience with Swami Radha's Dream Method
Phoebe 335-0791

HARVEST TIME AT YASODHARA ASHRAM

Gratitude is a spiritual practice. We keep our thanks alive in our minds, hearts and actions: caring for the land, gleaning the season's rewards, consciously decreasing our use of non-renewable resources, expanding our community connections, chanting for the prayer list. Gratitude: a gift of the heart.

AUTUMN COURSES & RETREATS

October 19 - 24 - 5-Day Yoga Retreat
October 29 - 31 - Transitions
November 5 - 12 - 7-Day Yoga Retreat
November 12 - 14 - Straight Walk
November 13 - 18 - 5-Day Advanced Retreat
November 15 - 19 - Yoga Retreat

CARRIED BY A PROMISE
Over Thanksgiving Weekend, Swami Radhananda read from *Carried by a Promise* to an audience of 75 in the Radha Room and 55 connected via the internet. The event lasted about 40 minutes and was a combination of readings, practices and reflections. If you missed the reading, you'll be able to watch it online at [www.radhananda.org](http://www.radhananda.org).

**COMPREHENSIVE LAND MANAGEMENT PROJECT**

In 1963, when Swami Radha first arrived on the property that was to become Yasodhara Ashram, she knew the name given to this acreage was an auspicious one. But why would settlers in the early 1900's have named a Canadian landscape "Yasodhara Estates"? This is one of many questions we are exploring as this project gets underway.

In addition, features mapping is in its second week (land topography, structures, and infrastructure) and this data will be placed into an AutoCAD program for a 3-dimensional perspective. The foundation is being laid for understanding the land we dwell in, and how to consciously care for it.

**YASODHARA HEIGHTS**

app.e2ma.net/app2/campaigns/archived/35981/db110dea445def64c20ca11e0f7593a/ 2/4
All 3 cabins will be ready by December and 2 will be occupied. Rebecca Dale has been 'test-living' in Cabin 1 (Red Cabin) since the summer and is talking about moving to one of the units in Cabin 3 (the duplex). Marlene Roza plans to move into Cabin 2 before New Years. Come January, the Heights will be searching for more occupants.

The exterior work on cabins 2 and 3 is moving quickly this month to keep ahead of the weather. Plumbing and wiring are done, cabinet work started. Who could have imagined all this from that quiet start just over a year ago--a tribute to our construction teams led by Allan and Sonni and to all of you who have helped make this happen. It is simply beautiful how this has opened the upper reaches of the Ashram lands. Plan on a visit.

FROM THE FUNDRAISING COMMITTEE

Thank you to all our wonderful donors! The fundraising campaign for Swami Radhananda's two new books and author tour was announced only two weeks ago and already we have raised over $20,000 - that's a third of our $60,000 goal. We've also heard from many Radha Centres, YDC Groups and others connected with the ashram that they will be raising funds to contribute to the books. If you're interested in learning more or making a donation, visit www.radhananda.org/donate.

PHOTO OF THE MONTH

You can enjoy the beauty of the Ashram each day by setting the photo of the month as your desktop wallpaper. How to do it

Note: For your convenience, we have added a three-month calender with moon phases!
Thank you to everyone who replied to the YAS Newsletter Survey. Based on your comments, we're in the process of making a few changes.

Did you notice the new section called "In the Blogosphere this Month"? It gives you a summary of all the articles posted on the ashram's blogs: lightwaves.cc, radhananda.org, and postcarbonmeal.org.

If you've not had a chance to complete the survey, there's still time - just [click this link](http://on.fbmarketplace.com/921515583728169). It will take you less than 3 minutes!

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**Yasodhara Ashram** is a vibrant spiritual community resting on 115 acres of woodland where the mountains touch the waters of Kootenay Lake. [visit our website](http://www.yasodhara.org) [make a donation](http://www.yasodhara.org)

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**LOST RING?**

Sometime during the past year one of our guests forgot a ring. Please call 1-800-661-8711 to identify and claim it.